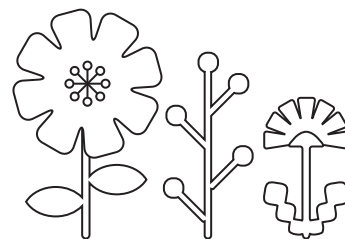


Weekly meal plan

date / ~ /



	Breakfast	Lunch	Dinner
MON			
TUE			
WED			
THU			
FRI			
SAT			
SUN			